

# HOW TO LOVE YOUR HUSBANDS

Titus 2:3-5

- I. HUSBANDS AND WIVES MUTUAL RESPONSIBILITIES
  - A. Submit one to the other
  - B. Love one another
  - C. Men and women are different--therefore, different needs; different responses
  
- II. WOMEN'S COMPLAINTS ABOUT THEIR HUSBANDS
  - A. Frequently criticizes you
  - B. Doesn't pay attention to your words and ideas
  - C. Doesn't understand your feelings
  - D. Doesn't assume enough household responsibilities
  - E. Doesn't go out of way to add romance to your relationship
  
- III. YOU CAN HELP YOUR HUSBAND TO MEET YOUR NEEDS
  - A. You can help your husband to respond to you
    - 1. To become more sensitive to your emotional needs
    - 2. To spend more quality time with you
    - 3. To gain his appreciation and praise
  - B. You can become an irresistible woman
  - C. Nagging won't do it
  
- IV. MEETING YOUR HUSBAND'S UNIQUE NEEDS
  - A. Although your husband is similar to other men, yet he is unique
    - 1. All men are not alike
    - 2. Uniqueness of temperament, personality, childhood, family heritage, talents, goals, failures, frustrations, disappointments
  - B. Begin to really know your man (don't assume you know him)
    - 1. Find out who he is and what he feels
    - 2. Try to discover the things that hurt and disappoint him
    - 3. "What really fulfills you as a man?"
    - 4. Make a list of the things he shares and work on them
  
- V. BASIC AND GENERAL NEEDS OF MOST MEN
  - A. Sexual fulfillment
  - B. Recreational companionship
  - C. An attractive spouse
    - 1. Inner beauty (I Pet. 3:3-4)
      - a. Use your natural attractive qualities
      - b. What happened to all those lovable characteristics that first attracted your husband to you?
        - (1) Gentleness, understanding, your ability to listen

- (2) Vivacious personality, sense of humor, general glow
      - (3) Responsiveness to him--man attracted to one who responds
    - 2. If you don't look good, he won't look very much (at you!)
    - 3. Four major areas in staying or becoming attractive
      - a. Weight control
        - (1) Balance your intake of calories with proper exercise
        - (2) Takes hard work and discipline
      - b. Use make-up to your best advantage
      - c. Get hairstyle he likes
      - d. Proper clothes
        - (1) Public clothes
        - (2) Casual dress around the house
        - (3) Bedroom dress
    - 4. Attractiveness is what you do with what you have
    - 5. Present yourself in way your husband would be proud of you
    - 6. Express a positive attitude--begins with positive speech (nobody likes a negative person)
  - D. Need for admiration
    - 1. People are attracted to those who admire them
    - 2. Do you criticize or belittle your husband, his abilities, character, or activities?
    - 3. Needs to feel appreciated
    - 4. Needs wife to be proud of him
      - a. Helps him to believe in himself
      - b. Wife should be husband's most enthusiastic fan
    - 5. Ways to express admiration for your husband
      - a. Seek his advice and opinion
      - b. Make an effort to gain an appreciation for his occupation
      - c. Lend him your support in his pursuit of goals
      - d. Give him your undivided attention when he wishes to talk
      - e. Remain flexible in your schedule to accommodate him
  - E. Domestic support
    - 1. Wife creates home that offers atmosphere of peace and quiet
    - 2. Properly prepared meals
    - 3. Division of household chores

## VI. GUARDING YOUR GOODS

- A. Protecting against the affair
- B. When a man wanders, needs aren't being met at home
- C. Marriage is a commitment and covenant, but don't take each other for granted
  - 1. Satan is out to destroy--no one is immune
  - 2. Keep the spark burning